



Payday came & with it **BEER**. - Kipling

JUST FOR STARTERS

Because beer alone does not make a meal.

BEER BREAD

Warm made-in-Pub beer bread drizzled with melted butter and sea salt. With Sierra Nevada® Pale Ale cheese sauce for dipping. **\$8.95 | 860 CALS**

WARM CHIPS & DIPS

Crisp potato chips seasoned with sea salt. Comes with chipotle mayo and sour cream with chives for dipping. **\$8.95 | 900 CALS**

POUTINE

Ontario-grown, fresh-cut fries topped with our signature gravy and loaded with Québec cheese curds. **\$9.95 | 1020 CALS**

CALAMARI

Lightly dusted calamari tossed in salt, pepper and green onions. Served with our made-in-Pub fire-roasted red pepper sauce. **\$12.50 | 650 CALS**

WARM SPINACH & ARTICHOKE DIP

Freshly prepared in-Pub, topped with green onions and served with warm tortilla chips. **\$11.95 | 1050 CALS**

ROVER BITES

Stuffed bits of buttermilk mashed potatoes, cheddar cheese, jalapeños, red peppers and green onions. Fried golden brown and served with made-in-Pub fire-roasted red pepper sauce. **\$9.95 | 640 CALS**



SHEPHERD'S PIE MINI YORKIES

Filled with lean ground beef, sweet green peas, corn and carrots, all simmered in rich gravy. Topped with buttermilk mashed potatoes and creamed corn. **\$11.75 | 330 CALS**



TACO LOVERS
7
DAYS A WEEK LADS

EVERY TUESDAY TACOS

\$2⁹⁹ each

Plus \$4.50
Jose Cuervo Tequila (1 oz.)

FISH TACOS

Amber lager beer-battered cod with pickled onions, cilantro-lime coleslaw, and a hint of fresh chimichurri sauce. Packed into flour tortillas and drizzled with a lime-cream sauce. Comes with tortilla chips and guacamole.
2 for \$9.95 | 970 CALS • Extra taco \$3.75 | 320 CALS

CHICKEN TACOS

Spicy pulled chicken, cilantro-lime coleslaw and mango salsa packed into flour tortillas. Drizzled with fresh lime-cream sauce and finished with a little Sriracha for some heat. Comes with tortilla chips and guacamole.
2 for \$9.95 | 730 CALS • Extra taco \$3.75 | 240 CALS

FOR THE TABLE

We're all in this together.



CHICKEN WINGS

Served straight-up in the buff or dusted in flour, the choice is yours. Tossed in our mild, medium, hot or Sriracha sauce and served with blue cheese dressing, carrots and celery sticks. **1 lb. for \$12.95 | 750-920 CALS • 2 lbs. for \$24.50 | 1500-1840 CALS**



BUFFALO CHICKEN NACHOS

Corn tortillas piled high with shredded cheddar cheese, fresh pulled chicken tossed in medium wing sauce, celery, hot peppers and green onions. Comes with salsa and sour cream with chives dip on the side.
FULL ORDER \$19.95 | 2860 CALS • 1/2 ORDER \$13.95 | 1340 CALS



BLARNEY CHIPS

You'll bend over backwards for our crisp, waffle-cut potatoes smothered in a kick'd up ale cheese sauce, topped with diced tomatoes, green onions and jalapeño peppers. Served with salsa and sour cream with chives for dipping. **\$14.95 | 1650 CALS**

ADD GUACAMOLE \$3⁵⁰ | 200 CALS | **JALAPEÑOS 50¢ | 5 CALS** | **EXTRA CHEESE \$1⁵⁰ | 230 CALS** | **CHICKEN \$4 | 390 CALS**

FEED THE WHOLE SQUAD
EVERY THURSDAY \$3 OFF
THE CROWD PLEASER PLATTER
#SQUADGOALS

THE CROWD PLEASER PLATTER

Warm Spinach & Artichoke Dip with tortilla chips, 1 lb. of dusted or naked wings in your choice of sauce, waffle-cut fries with kick'd up ale cheese sauce, 7 Rover Bites and celery and carrot sticks for dipping. Served with fire-roasted red pepper sauce and blue cheese dip. **\$26.95 | 3410 CALS**

SOUPS & SALADS



FISHERMAN'S CHOWDER

Made-in-Pub creamy chowder with salmon, cod and clams. Served with a fresh-baked cheddar cheese scone. **\$7.50 | 480 CALS**

FRENCH ONION SOUP

Made-in-Pub with caramelized onions, ciabatta bread smothered with baked Gruyère and Swiss cheeses. **\$7.50 | 430 CALS**



FARMER'S SALAD

Roasted Yukon Gold potatoes, grilled red onion and spinach tossed in our own honey-mustard vinaigrette. Topped with bacon, green onions and a hard-boiled egg. **\$12.95 | 600 CALS**

COBB SALAD

Hand-cut smoked bacon, fresh pulled chicken, roasted grape tomatoes, cucumber, shredded cheddar cheese and crumbled blue cheese with a hard-boiled egg over crisp romaine. Finished with our own honey-mustard vinaigrette. **\$15.95 | 670 CALS**

SPINACH & ARUGULA SALAD

Baby spinach, arugula and radicchio, with sliced strawberries, spicy almonds, toasted pumpkin seeds, red onion and goat cheese then tossed with our own honey-citrus vinaigrette. **\$12.95 | 680 CALS**

BEET SALAD

Fresh, marinated and roasted beets with market greens, pickled onions, cucumbers, crumbled blue cheese, walnuts and our Strongbow cider-citrus vinaigrette. **\$12.50 | 420 CALS**

CAESAR SALAD

Crisp romaine, Parmesan cheese, bacon and ciabatta croutons. **\$10.95 | 510 CALS**

ADD
TO ANY OF
OUR SALADS

Grilled chicken breast for **\$4.50 | 330 CALS**
4 oz. grilled Atlantic salmon for **\$5.50 | 300 CALS**
Garlic-lemon, marinated grilled shrimp for **\$5.50 | 90 CALS**
Flat iron steak for **\$6.50 | 280 CALS**

Men are like bagpipes: No sound comes from them until they're full.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.

Plus applicable taxes. Fionn MacCool's, D'Arcy McGee's, Paddy Flaherty's and Tir Nan Óg fry in trans-fat free oil. Some items may contain, or have come in contact with nuts. Please ask your server. *Registered trademarks of Cara Operations Limited.

ON-BB-CORE-2016

Wild and sustainably caught cod

FISH & CHIPS

NO. 1 FISH & CHIPS

The only two food groups that matter. Keep it classic with a cod fillet fried to order in our made-in-Pub Barking Squirrel amber lager beer batter. It's served with rainbow slaw, our Dungloe Sauce and fresh-cut fries.
1 piece \$13.95 | 1350 CALS • 2 pieces \$17.95 | 1810 CALS

EVERY WEDNESDAY

1 PIECE FISH & CHIPS

\$9.99 ONLY

SOUTHERN FISH FRY

Southern-fried buttermilk-breaded cod strips stacked high, drizzled with Sriracha sauce and green onions. Comes with fresh-cut fries, rainbow slaw and a grilled lemon. \$14.95 | 860 CALS

BAKED COD

Cod fillet baked with fire-roasted red pepper sauce and topped with panko bread crumbs. Comes with jasmine rice, minted peas and a grilled lemon. \$14.50 | 700 CALS

ENTRÉES

BACON-WRAPPED CHICKEN

Oven-roasted chicken breast wrapped in smoky bacon. Served with a made-in-Pub roasted garlic cream sauce, button mushrooms, grilled asparagus and jasmine rice. \$16.95 | 1210 CALS

CHICKEN FETTUCCHINE

Grilled chicken and asparagus tossed with fettuccine noodles in a made-in-Pub lemon-cream sauce. Finished with shaved Parmesan. \$15.50 | 1040 CALS

MAPLE-GLAZED SALMON

Grilled Atlantic salmon with a sweet, maple-herb butter sauce, roasted grape tomatoes, shallots, grilled asparagus and jasmine rice. \$19.75 | 1140 CALS



BUTTER CHICKEN CURRY

Chicken and onions seasoned in traditional spices with green peas simmered in a mild, creamy curry sauce. Comes with jasmine rice and grilled naan bread. \$15.50 | 840 CALS

CAULIFLOWER CURRY

Fresh roasted cauliflower, tomatoes, chickpeas, roasted red peppers and green peas simmered in a spicy Vindaloo curry sauce. Comes with jasmine rice and grilled naan bread. \$12.95 | 880 CALS

STEAK & FRIES

8 oz. Alberta top sirloin grilled to order with sautéed mushrooms, grilled tomato and fresh-cut fries. \$23.50 | 780 CALS

SHRIMP FETTUCCHINE

Sautéed shrimp with roasted garlic and baby spinach tossed in a fire-roasted red pepper sauce with fettuccine noodles. \$16.50 | 810 CALS

Pie pastry made-in-Pub every day.



IRISH FAVOURITES

If you're lucky enough to be Irish, you're lucky enough.

FILL YOUR PIE HOLE EVERY MONDAY ALL PIES ARE \$10⁹⁹

LAMB PIE

Kilkenny-braised lamb, carrots, celery and onions baked in pie pastry. Served with buttermilk mashed potatoes and our signature gravy. \$15.95 | 1240 CALS

CHICKEN PIE

Chicken, onions, carrots, celery, green peas and fresh thyme in a cream sauce and baked in pie pastry. Comes with a market green salad. \$14.50 | 1040 CALS

SHEPHERD'S PIE

You don't have to work the fields to love this classic. Lean ground beef, green peas, corn and carrots in our rich gravy. Topped with buttermilk mashed potatoes and comes with a market green salad. \$14.75 | 900 CALS

GUINNESS® STEAK & MUSHROOM PIE

Tender, Canadian beef and button mushrooms braised in Guinness® and baked in pie pastry with buttermilk mashed potatoes and our signature gravy. \$15.95 | 1250 CALS

SALMON LEEK PIE

Atlantic salmon and leeks in a made-in-Pub white wine cream sauce, topped with buttermilk mashed potatoes and chives then baked in pie pastry. Served with a market green salad. \$16.50 | 830 CALS

SLOW-COOKED LAMB SHANK

Hand-rubbed Rosslare lamb shank with fresh rosemary, garlic and cracked pepper, garnished with chives and lemon zest. Served with buttermilk mashed potatoes and grilled seasonal vegetables. \$24.95 | 730 CALS

BUTTER CHICKEN BOXTY

A made-in-Pub potato pancake filled with chicken and onions, seasoned with traditional spices in a mild, creamy curry sauce. Served with a market green salad. \$14.50 | 1060 CALS

GUINNESS® STEAK & MUSHROOM BOXTY

A made-in-Pub potato pancake filled with tender, Canadian beef and button mushrooms braised in Guinness® and served with a market green salad. \$15.50 | 1360 CALS

BURGERS & SANDWICHES



Our burgers are 7 oz. fresh, Canadian ground chuck patties served on an Ace Bakery™ bun with a dill pickle spear. Burgers and sandwiches come with your choice of fresh-cut fries or a market green salad or a Caesar salad. Not into wheat? Ask for your burger on a gluten-free bun.

We might tell some tall tales but we make a true burger.

THE BIG BACON BURGER

Hand-cut, smoked bacon piled high on top of a ground chuck patty with beer-braised onions, lettuce, sliced hothouse tomato and grainy mustard mayo. Because everything's better with bacon. \$16.95 | 1480-1600 CALS

GUINNESS® BURGER

Cahill's Guinness® cheddar cheese, roasted red peppers, sautéed mushrooms, lettuce and our own Rebel Rock sauce. \$16.95 | 1460-1580 CALS

VEGGIE BURGER

Fresh veggie patty, sautéed button mushrooms, lettuce and sliced hothouse tomato smothered with our Pub-made Dubliners sauce. \$13.95 | 880-1000 CALS

STRAIGHT-UP BURGER

Ground chuck patty with our own tangy 'All Dressed' mayo, lettuce, sliced hothouse tomato and bread & butter pickles. \$14.50 | 1080-1200 CALS
Make it a Bacon Cheeseburger for \$2.50 | 520 CALS

THE FLYING PIG

Honey BBQ grilled chicken breast, panko-cruste back bacon, crispy bacon, lettuce, sliced hothouse tomato and grainy mustard mayo stacked high on a toasted ACE Bakery™ bun. \$15.50 | 1170-1290 CALS

THE CLUB

Fresh pulled chicken, crispy bacon, aged cheddar cheese, lettuce, sliced hothouse tomato and cranberry mayo on toasted multi-grain bread. \$13.95 | 1270-1390 CALS

STACKED REUBEN

Lesters corned beef, provolone cheese, whiskey bacon sauerkraut, hot peppers, Rebel Rock sauce and grainy mustard mayo on toasted marble rye. \$15.95 | 1510-1630 CALS

GRILLED CHICKEN SANDWICH

Grilled chicken breast, market greens, sliced hothouse tomato, dill havarti cheese, crispy bacon and roasted red pepper mayo on a toasted ciabatta bun. \$14.95 | 1240-1360 CALS

DOUBLE-STACKED COD SANDWICH

Two pieces of crispy buttermilk-breaded cod, double-stacked with sliced hothouse tomato, rainbow slaw and iceberg lettuce on a toasted ACE Bakery™ bun. \$15.50 | 1090-1210 CALS

ADD-ONS & SUBS

Dublin your excitement!

Cheddar Cheese \$1⁵⁰ | 230 CALS
Crispy Bacon \$1 | 290 CALS
Sautéed Mushrooms \$1 | 80 CALS
Beer-Braised Onions \$1 | 25 CALS

Roasted Red Peppers \$1 | 50 CALS
Panko-Cruste Back Bacon \$2 | 140 CALS
Thick-Cut Bacon \$2 | 420 CALS
Sub a Cup of Chowder \$2 | 170 CALS

Guacamole \$1⁵⁰ | 200 CALS
Sub Sweet Potato Fries with Red Pepper Mayo Dip \$3 | 800 CALS

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